

**REGIONAL WRITE-UP—MENTAL STATUS EXAMINATION**

Date \_\_\_\_\_

Examiner \_\_\_\_\_

Patient \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Occupation \_\_\_\_\_

**Mental Status**

(Before testing, tell the person the four words you want him or her to remember and to recall in a few minutes, for the Four Unrelated Words Test.)

**1. Appearance**

Posture \_\_\_\_\_

Body movements \_\_\_\_\_

Dress \_\_\_\_\_

Grooming and hygiene \_\_\_\_\_

**2. Behavior**

Level of consciousness \_\_\_\_\_

Facial expression \_\_\_\_\_

Speech:

Quality \_\_\_\_\_

Pace \_\_\_\_\_

Word choice \_\_\_\_\_

Mood and affect \_\_\_\_\_

**3. Cognitive Functions**

Orientation:

Time \_\_\_\_\_

Place \_\_\_\_\_

Person \_\_\_\_\_

Attention span \_\_\_\_\_

Recent memory \_\_\_\_\_

Remote memory \_\_\_\_\_

New learning—Four Unrelated Words Test \_\_\_\_\_

Additional testing for aphasia:

Word comprehension \_\_\_\_\_

Reading \_\_\_\_\_

Writing \_\_\_\_\_

Judgment \_\_\_\_\_

**4. Thought Processes and Perceptions**

Thought processes \_\_\_\_\_

Thought content \_\_\_\_\_

Perceptions \_\_\_\_\_

Suicidal thoughts \_\_\_\_\_

**Mini-Mental State Examination (MMSE)****Sample Items****Orientation to Time**

"What is the date?"

**Registration**

"Listen carefully, I am going to say three words. You say them back after I stop. Ready? Here they are..."

HOUSE (pause), CAR (pause), LAKE (pause). Now repeat those words back to me." [Repeat up to 5 times, but score only the first trial.]

**Naming**

"What is this?" [Point to a pencil or pen.]

**Reading**

"Please read this and do what it says." [Show examinee the words on the stimulus form.]

For a full copy of the MMSE, administration instructions, and scoring guidelines, contact Psychological Assessment Resources, ©1975, 1998, 2001 by MiniMental, LLC. All rights reserved. Published 2001 by Psychological Assessment Resources, Inc. May not be reproduced in whole or in part in any form or by any means without written permission of the Psychological Assessment Resources, Inc., 16204 N. Florida Ave., Lutz, FL 33549; telephone 1-800-331-8378 or 813-968-3003; website: [www.Minimental.com](http://www.Minimental.com). From Folstein et al, 1985.